

**AVEDA GREEN
SCIENCE FACIAL -60 mins £39.00**

An anti-ageing facial made for all skin types, to address the premature signs of ageing. Includes steam & hot towels and hand & arm massage.

AVEDA EYE ZONE WRAP -45mins £22.00

This effective eye treatment helps to eliminate under-eye puffiness, temporarily softens wrinkles and diminishes dark circles. Includes ice massage and comforting tea masque.

**AVEDA ESSENTIAL
BACK TREATMENT -60 mins £33.00**

A complete facial for the back! This deep-cleansing treatment refines and smooths the skin, nourishes and balances, thus improving it's overall appearance. Includes a complete stress and tension relieving massage.

**AVEDA ESSENTIAL
BODY TREATMENT -120 mins £55.00**

A deeply conditioning body treatment, designed to remove surface cells and rough skin, improving circulation and relaxing the mind and body. Includes exfoliation, customised herbal spa masque, application of aromatic oils and scalp massage - sheer indulgence!

**AVEDA SELF RENEWAL
FACE & BODY TREATMENT -120 mins £60.00**

A complete beauty and health treatment, not only treats the face but also introduces the client to total body wellness. This therapy is designed to renew the self, relive stress and tension and improve circulation whilst focusing on specific facial needs. Includes in depth consultation, foot spa and exfoliation, complete facial with essential oil inhalation, lymphatic and pressure point massage, electromagnetic energy balance and hot towel wrap.

CHAKRA BALANCING MASSAGE
-60mins £40.00
-90mins £60.00

An innovative treatment focusing on the Chakra centres, combining a variety of massage technologies; Swedish, Deep Tissue, Reflexology & energy visualisation to relax body, ease muscle tension & soothe the mind.

Harlequin Health and Beauty has been established in Melton Mowbray since 1990. All treatment is under the personal supervision of the proprietor, Mrs Stephanie J. Pick. She is a member of the British Association of Beauty Therapy and Cosmetology (BABTAC). Her qualifications include:

BTec National Diploma in Beauty Therapy.

Advanced Electrolysis.

Shirley Price Diploma in Aromatherapy

Vertebral Reality

Sports Injuries

Thermo-Auricular Therapy

Remedial Massage

Aveda Skin Therapy and Make-up

FREE Consultations
Gift Vouchers Available
valid for 12 months

AVEDA
SKIN AND MAKE UP RANGES
AVAILABLE

As an environmentally conscientious company, Aveda actively encourages the use of pure plant derived compounds in place of synthetic or animal tested products. They also advocate recycling and planting of trees to sustain and replenish our natural resources.

* To avoid disappointment
please book early and arrive on time.

**HARLEQUIN
HEALTH & BEAUTY CLINIC**

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14b Burton Street
Melton Mowbray
Leicestershire LE13 1AE

Telephone: 01664 567830
www.harlequinhealthandbeauty.co.uk

Opening Hours

Monday	9.00am - 5.00pm
Tuesday	Closed
Wednesday	9.00am - 6.30pm
Thursday	9.00am - 7.30pm
Friday	9.00am - 5.30pm
Saturday	8.30am - 3.00pm

Regrettably, missed appointments & cancellations within less than 24hrs notice will be charged at 50% of the treatment price.

Gift Vouchers Available



April 2016

AVEDA BOTANICALS KINETICS
Facials and Body Treatment

The science of pure plant and flower essences in superior skin care, formulated with ingredients manufactured by nature, designed to address the specialised needs of the skin of both men and women.

AVEDA BOTANICALS FACIAL -60 mins £29.00

A revitalising facial for all skin conditions.
Perfect preparation for a special occasion.

AVEDA ESSENTIAL FACIAL -90 mins £38.00

For all skin types, this deep cleansing facial will restore the look and feel of a healthy, radiant skin. Includes exfoliation, relaxing massage, customised masque, hand and arm massage and hydration.

AVEDA PURIFYING FACIAL -75 mins £39.00

For oily skin types. This decongesting facial is designed to normalise and balance the skin, unclog the pores and eliminate impurities, thus improving it's overall appearance.

AVEDA SOOTHING FACIAL -75 mins £39.00

For sensitive and irritated skins, this calming facial reduces lost moisture, smooths the skins texture and evens tone.

**AVEDA REPLENISHING
FACIAL -75 mins £39.00**

For dry and dehydrated skin this intensive treatment facial replenishes lost moisture and nourishes weather abused skin.

AVEDA RECOVERY FACIAL -90 mins £49.00

A complete 'Body and Soul' experience. For all skin types, this effective treatment facial combats the signs of aging and environmental sun-damage, improving fine lines, wrinkles and blotchiness. Excellent for stress and tension relief.

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NAILS

SHAPE & POLISH	£10.00
MANICURE	£23.50
Includes nail shape, soak, buff, cuticle tidy, hand and arm massage and varnish.	
FRENCH MANICURE -60 mins	£26.00
As above, but with application of natural look varnish to nail plate and tips.	
FLASH INSTANT MANICURE -30mins	£16.00
Includes nail shape, buff, exfoliation, cuticle tidy and paint. A 20 minute “wonder” manicure to revitalise the hands.	
OPI LUXURY MANICURE -60 mins	£27.00
A facial quality Treatment Manicure to revitalise, renew and protect the hands. Includes skin renewal scrub, effervescent soak, anti-aging hand serum and moisturising butter with SP15.	
AVEDA LUXURY MANICURE -60 mins	£30.00
Treatment Manicure using Aveda Pure Plant Products to cleanse and nourish the hand and nails. Includes aroma testing exfoliation, cuticle treatment, oil therapy, intensive hand and arm massage and varnish.	
PARAFFIN WAX MANICURE -60 mins	£30.00
PARAFFIN WAX PEDICURE -75 mins	£30.00
Both the above Wax treatments include an application of paraffin wax to nourish and moisturise the skin, improving flaking nail conditions and increasing joint mobility.	
PEDICURE -60 mins	£27.50
Includes nail shape, spa soak, exfoliation, cuticle tidy, foot and leg massage and varnish.	
FLASH PEDICURE -30 mins	£19.00
O.PI LUXURY PEDICURE -75 mins	£31.50
The ultimate Pedicure-cleanses, renews and restores the spirit and mind as well as the feet. Includes purifying foot soak, Green Tea and Avocado softener, natural sugar scrub, hydrating mask, vitamin enriched massage and AHA skin smoother to protect skin.	
AVEDA LUXURY SPA PEDICURE -75 mins	£34.50
Treatment pedicure using Aveda Pure Plant Products to nourish and beautify the legs and feet. Includes aroma testing, spa soak, exfoliation, hot towel bottles, oil therapy, intensive foot and leg massage and varnish.	

QUICK TIPS	£25.00
ACRYLIC EXTENSIONS	£35.00
INFILLS FOR ALL SYSTEMS	£25.00
To include 1 free tip (if necessary) thereafter £4.00 per replacement nail.	
ENHANCEMENT SOAK OFF	£22.00
FREE HAND NAIL ART	from £1.00 per colour
NAIL JEWELS	from £0.50
GELCOLOR BY OPI:	
SOAK OFF GEL LACQUER	
A polish-on gel formula with an intense shine that cures in 30 seconds and lasts for weeks!	
MANICURE	£28.50
PEDICURE	£32.50
SOAK OFF (and tidy)	£10.00
BODY TREATMENTS	
FULL BODY SWEDISH MASSAGE	
	-60 mins £38.00
BACK MASSAGE	-30 mins £22.50
AROMATHERAPY MASSAGE	-120 mins £45.00 (initial session)
Includes body and lifestyle consultation, reflexology diagnosis and scalp to toe massage using aromatic essential oils, customised to your needs.	
AROMATHERAPY MASSAGE	-60 mins £33.00 (further session)
Scalp to toe massage using appropriate aromatic essential oils for relaxation, detoxification and specific conditions.	
REMEDIAL MASSAGE	-from 20 mins £15.00
A combination of massage, with specific aromatic essential oils to aid various conditions, e.g. : Frozen Shoulder, sciatica, fibrosis, tennis elbow, sports injuries etc.	
VIBRO MASSAGE	-from 30 mins £16.50
Deep massage using “Relaxy - 1” sports therapist machine. Especially useful for cellulite problems, reshaping and toning.	

FARADIC	-course of 6 £65.00
Ideal for toning slack muscles and to improve overall figure shape through inch loss.	
HOPI EAR CANDLES	-45 mins £28.00
This ancient Indian treatment is a soothing holistic therapy designed to help balance pressure in the ears, head, sinuses and to de-stress.	
INDIAN HEAD MASSAGE	-40 mins £28.00
Using traditional Indian massage techniques, this non-invasive treatment helps to relieve tension and improve joint mobility.	
REIKI	-40 mins £28.00
Reiki is a non-confrontational form of healing, inducing deep relaxation and feelings of peace, security and well-being.	
1/2 DAY TOP-TO-TOE PACKAGE	£85.00
Four hours of total relaxation and pampering! Includes manicure, pedicure, back massage, express facial, eyebrow shape and eyelash tint*.	
SPRAY TANNING	from £10.00 - £20.00
Using ‘Sienna X’	
HAIR REMOVAL	
FULL LEG & BIKINI LINE WAX	£32.00
FULL LEG WAX	£28.00
3/4 LEG WAX	£22.00
1/2 LEG WAX	£18.00
BIKINI LINE WAX	from £9.00-£15.00
UNDER ARM WAX	£10.00
ARM WAX	£14.00
LIP WAX, CHIN WAX, EYEBROW WAX	£7.00
LIP & CHIN WAX	£13.00
LIP, CHIN & EYEBROW WAX	£17.00
ELECTROLYSIS	
Blend method permanent hair removal	
5 mins	£7.00
10 mins	£12.00
15 mins	£16.00
30 mins	£30.00
THERMOLOGY	
The removal of thread veins, broken capillaries, moles, skin tags, etc. Using short wave diathermy.	